

June 2017

Adult Enrichment & Wellness Program– 188 Carlton St.

Monday

The Day Centre is located at 188 Carlton Street.

Fitness classes run every Tuesday
from 2:30 - 3:30 pm .

For information on programs call
Tracy James 416-863.0499 Ext3330

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Members' Council Meeting

10:30 - Meeting

12:00 - Lunch

1:00 - Mosaics

12

Wellsley Central Place

10:00-12:00 pm

Bingo and friendly visiting
(Meet there)

19

Seniors Month Celebrations

Art and Mosaic Exhibit

1– 3 pm (58 Sumach St.)

26

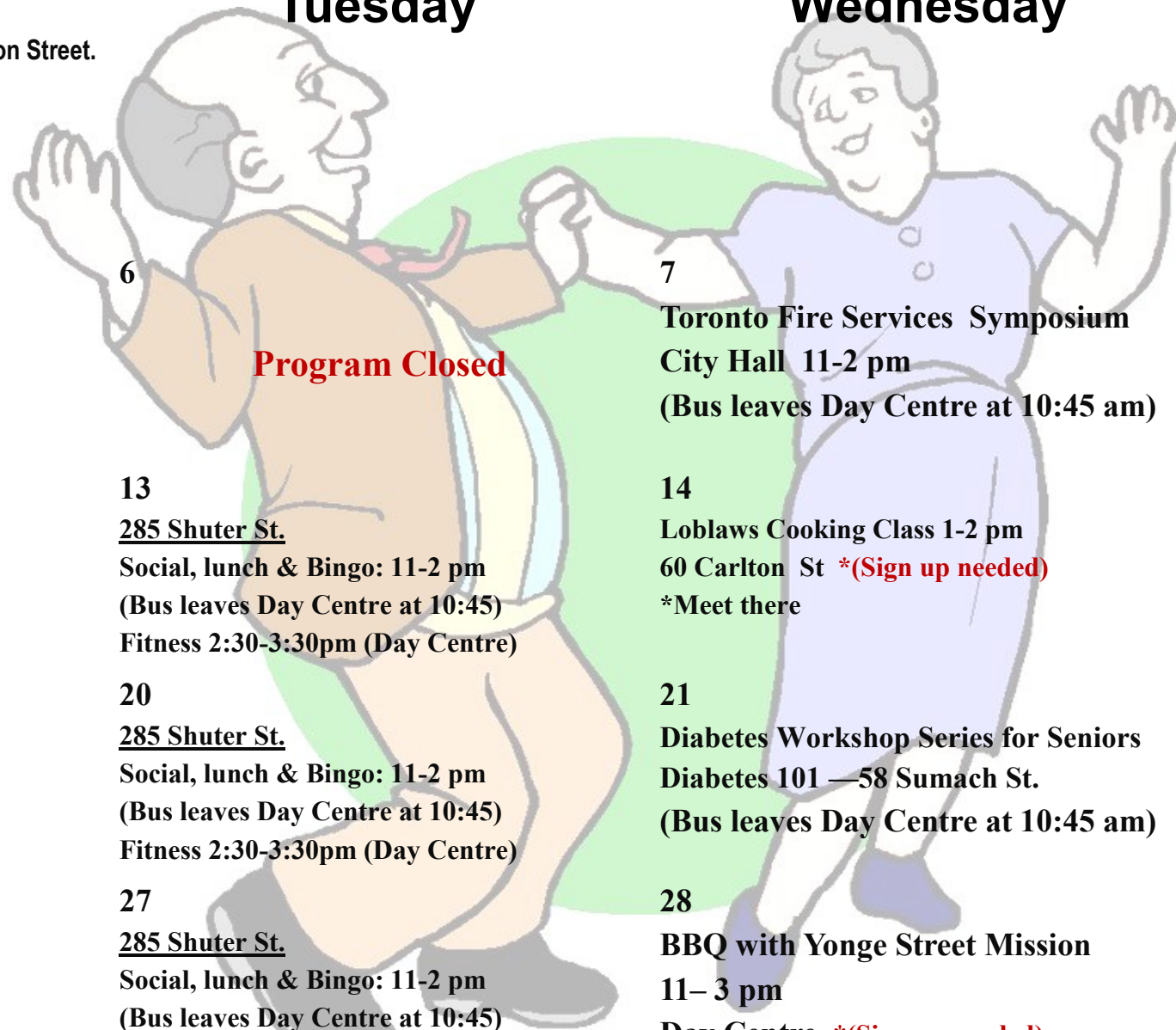
Day Trip:

Dufferin Mall

10:45-2 pm ***(Sign up needed)**

(Bus leaves Day Centre at 10:45 am)

Tuesday



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Program Closed

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285 Shuter St.

Social, lunch & Bingo: 11-2 pm

(Bus leaves Day Centre at 10:45)

Fitness 2:30-3:30pm (Day Centre)

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285 Shuter St.

Social, lunch & Bingo: 11-2 pm

(Bus leaves Day Centre at 10:45)

Fitness 2:30-3:30pm (Day Centre)

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285 Shuter St.

Social, lunch & Bingo: 11-2 pm

(Bus leaves Day Centre at 10:45)

Fitness 2:30-3:30pm (Day Centre)

Wednesday

7

Toronto Fire Services Symposium

City Hall 11-2 pm

(Bus leaves Day Centre at 10:45 am)

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Loblaws Cooking Class 1-2 pm

60 Carlton St ***(Sign up needed)**

*Meet there

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Diabetes Workshop Series for Seniors

Diabetes 101 — 58 Sumach St.

(Bus leaves Day Centre at 10:45 am)

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BBQ with Yonge Street Mission

11– 3 pm

Day Centre ***(Sign up needed)**

Thursday

1

55 Bleecker St.

Korean Members Meeting

11:00 - 12:00 pm

Bingo - 12:30-1:45 pm

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55 Bleecker St.

Painting with Tracy- 11-12:30 pm

Bingo - 12:30-1:45pm

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55 Bleecker St.

Glass Etching- 11-12:30 pm

Bingo - 12:30-1:45pm

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55 Bleecker St.

Social - 11-12:00pm

Bingo - 12:15 -1:45pm

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Day Trip

Fox Theatre (2236 Queen St. East)

8:45-2pm

(Bus leaves Day Centre at 8:45am)