

May 2018

Adult Enrichment & Wellness Program— 188 Carlton St.

MONDAY

The Day Centre is located at 188 Carlton Street. Fitness classes run every Tuesday from 2:30 - 3:30 pm .
For information on programs call Tracy James 416-863.0499 Ext 3330
Email: tracy.james@dixonhall.org

7
All Fired Up Ceramics
11—2 pm
Day Centre
***Sign up needed**

14
Wellesley Central Place
10:00- 12 pm
Bingo and friendly visiting
*Meet there

21
**Agency Closed:
Victoria Day**

28
58 Sumach St
Potluck and Bingo
10:45 - 2pm
(Bus leaves Day Centre at 10:45 am)

TUESDAY

1
285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45)
Fitness 2:30 -3:30pm (Day Centre)

8
Yonge Street Mission – 270 Gerrard St. East
Social, lunch, Information Meeting
11-2:30 pm *meet there
Fitness 2:30 -3:30pm (Day Centre)

15
285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45)
Fitness 2:30 -3:30pm (Day Centre)

22
Yonge Street Mission – 270 Gerrard St. East
Social, lunch, Plant Pots & Gardening
11-2 pm *meet there
Fitness 2:30 -3:30pm (Day Centre)

29
285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45)
Fitness 2:30 -3:30pm (Day Centre)

WEDNESDAY

2
Members' Council Meeting
10:30 - Meeting
12:00 - Lunch

9
Royal Tea Party
11—2pm
Day Centre

16
Massage Therapy
10-2 pm (Day Centre)
***Sign up needed, limited space.**

23
Birthday Lunch:
Under The Table
568 Parliament St— Meet there
***Sign up needed**

30
Day Trip:
Annie The Musical - 1– 4 pm
Ed Mirvish Theatre - 244 Victoria St.
**** Sign up needed**

THURSDAY

3
55 Blecker St.
Korean Members Meeting
11:00 - 12:00 pm
Bingo - 12:30-1:45 pm

10
55 Blecker St.
Mother's Day Lunch 11-12pm
Bingo 12:30 -1:45pm

17
55 Blecker St.
Social 11-12pm
Bingo 12:15 -1:45pm

24
55 Blecker St.
Social 11-12pm
Bingo 12:15 -1:45pm

31
Day Trip
Fox Theatre - 2236 Queen St. East
8:45 -2pm
(Bus leaves Day Centre at 8:45am)