

June 2018

Adult Enrichment & Wellness Program– 188 Carlton

MONDAY

4

Lunch n' Munch:
Pita Pizzas
11 - 2 pm (Day Centre)
****Sign up needed**

11

Wellesley Central Place
10:00- 12 pm
Bingo and friendly visiting
***Meet there**

18

Day Trip:
Lunch at High Park
11 - 2 pm
****Sign up needed**

25

58 Sumach St.
Potluck and Bingo
10:45 - 2 pm
(Bus leaves Day Centre at 10:45 am)

TUESDAY

5

Yonge Street Mission – 270 Gerrard St. East
Birthday Celebrations & Bingo
11-2:30 pm ***Meet there**
Fitness 2:30 -3:30 pm (Day Centre)

12

Yonge Street Mission – 270 Gerrard St. East
Social, lunch, Talent Show
11-2:30 pm ***Meet there**
Fitness 2:30 -3:30 pm (Day Centre)

19

285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45 am)
Fitness 2:30 -3:30 pm (Day Centre)

26

285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45 am)
Fitness 2:30 -3:30 pm (Day Centre)

WEDNESDAY

6

Members' Council Meeting
10:30 - Meeting
12:00 - Lunch

13

Day Trip:
Ripley's Aquarium 11– 2 pm
****Sign up needed**
(Bus leaves Day Centre at 10:45 am)

20

Day Trip:
Dufferin Mall
11 - 2 pm
****Sign up needed**

27

Canada Day BBQ
10 - 2 pm (Day Centre)
**** Sign up needed**

THURSDAY

7

55 Bleecker St.
Korean Members Meeting & Birthday
Celebrations 11:00 - 12:00 pm
Bingo - 12:30-1:45 pm

14

55 Bleecker St.
Adult Coloring 11-12:30 pm
Bingo 12:30 -1:45 pm

21

55 Bleecker St.
Social & Smoothies 11-12:15 pm
Bingo 12:30 -1:45 pm

28

Day Trip
Fox Theatre - 2236 Queen St. East
8:45 -2pm
(Bus leaves Day Centre at 8:45 am)

**June is Seniors' Month:
Now's the time to start something new!**

The Day Centre is located at 188 Carlton Street. Fitness classes run every Tuesday from 2:30 - 3:30 pm . For information on programs call Tracy James 416-863.0499 Ext 3330

Email: tracy.james@dixonhall.org