

Position Title: Frozen Meal Delivery Volunteers: Runners & Drivers
Reports to: Meals on Wheels Supervisor
Location: 192 Carlton Street, Toronto ON, M5A 2K8

POSITION SUMMARY: Frozen Meal Delivery volunteers deliver frozen nutritious meals packages to individuals, mostly seniors, who have difficulty shopping and/or standing to prepare meals.

QUALIFICATIONS:

- Reliable and punctual; sensitive to the needs of others
- Able to physically carry meal delivery bags
- Good comprehension of English to receive instructions; interact with clients; and communicate with other volunteers and staff.
- Able to accept feedback and work well as part of a team

MAJOR RESPONSIBILITY INCLUDE, BUT ARE NOT LIMITED TO:

- Deliver meals to clients at designated stops on route sheet
 - Drivers: take teams to client homes
 - Runners: deliver meal packages to clients
- Observe clients' appearances and health when delivering meals
- Report problems or concerns to the Meals on Wheels Supervisor immediately upon completion of route
- Adhere to Meals on Wheels policies and procedures



COMMITMENT:

- **8:45am – 11:00am a minimum of one day per week for a minimum of 3-months.**
- **Shifts are available: Tuesdays, Thursdays, and/or Fridays.**
 - Program will begin on Tuesday October 3, 2017.

RECRUITMENT PROCESS:

- Complete agency volunteer application form;
- Attend an On-Boarding and Training session;
- Receive on-the-job training with experienced volunteer(s).

DRESS CODE:

- Dressed appropriately for meal deliveries and the weather; close-toed shoes are required
- Clothing does not include words, pictures or slogans that may be considered offensive

BENEFITS

- Interaction with frail seniors, individuals with Alzheimer disease or other dementias and adults with a disability or illness
- Opportunity to meet new people and promote the wellness and independence of clients
- TTC tokens provided to volunteers who live more than 5km away and do not qualify for the Ontario Works transportation allowance
- Reference letter provided after 24 hours of volunteer service

For more information, and to apply, please contact:

Volunteer Department
416-863-0499 ex. 3225 volunteer@dixonhall.org