

*November 2017*

*Adult Enrichment & Wellness Program– 188 Carlton St.*

**DIXON** HALL  
neighbourhood services

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

The Day Centre is located at 188 Carlton Street.

Fitness classes run every Tuesday from 2:30 - 3:30 pm .

For information on programs call Tracy James 416-863.0499 Ext 3330

Email: [tracy.james@dixonhall.org](mailto:tracy.james@dixonhall.org)

6  
All Things Fishy  
11– 2 pm (Day Centre)

13  
Wellesley Central Place  
10:00 - 12:00 pm  
Bingo and friendly visiting  
(Meet there)

20  
Mosaics, Trivia & Games  
10:30 - 2pm  
(Day Centre)

27  
58 Sumach St.  
Hearing Test  
10-12 pm  
Potluck 12-1 pm  
(No Bus; meet there)

7  
285 Shuter St.  
Social, lunch & Bingo: 11-2 pm  
(Bus leaves Day Centre at 10:45)  
Fitness 2:30 -3:30pm (Day Centre)

14  
285 Shuter St.  
Social, lunch & Bingo: 11-2 pm  
(Bus leaves Day Centre at 10:45)  
Fitness 2:30 -3:30pm (Day Centre)

21  
285 Shuter St.  
Social, lunch & Bingo: 11-2 pm  
(Bus leaves Day Centre at 10:45)  
Fitness 2:30 -3:30pm (Day Centre)

28  
285 Shuter St.  
Social, lunch & Bingo: 11-2 pm  
(Bus leaves Day Centre at 10:45)  
Fitness 2:30 -3:30pm (Day Centre)

1  
Members' Council Meeting  
10:30 - Meeting  
12:00 - Lunch  
1:00 - Bingo

8  
Birthday Lunch  
Red Lobster \* **Sign up needed**  
11– 2 pm  
(Bus leaves Day Centre at 10:45 am)

15  
Day Trip  
Royal Ontario Museum  
11– 2 pm \* **Sign up needed**  
(Bus leaves Day Centre at 10:45 am)

22  
Dealing with Grief Workshop  
11– 1 pm  
( Day Centre)

29  
Day Trip  
Fran's Restaurant & Grease the Musical  
Elgin & Winter Garden Theatre  
189 Yonge St. (**Bus leaves Day Centre at 10:45 am; return is by TTC**)

2  
55 Bleecker St.  
Korean Members Meeting  
11:00 - 12:00 pm  
Bingo - 12:30-1:45 pm

9  
55 Bleecker St.  
Painting 11– 12:15  
Bingo - 12:30 - 1:45 pm

16  
55 Bleecker St.  
Social 11-12pm  
Bingo 12:15 -1:45pm

23  
55 Bleecker St.  
Social 11-12pm  
Bingo 12:15 -1:45pm

30  
Day Trip  
Fox Theatre (2236 Queen St. East)  
8:45 -2pm  
(Bus leaves Day Centre at 8:45am)