

February 2018

Adult Enrichment & Wellness Program– 188 Carlton

MONDAY

The Day Centre is located at 188 Carlton Street.
Fitness classes run every Tuesday from 2:30 - 3:30 pm .
For information on programs call Tracy James
416-863.0499 Ext 3330
Email: tracy.james@dixonhall.org

5
Wellesley Central Place
10:00- 12 pm
Bingo and friendly visiting
Meet there

12
Lunar New Year Festivities
11-2 pm
Day Centre
***Sign up needed**

19
CLOSED:
Family Day

26
Black History Celebrations
11-2 pm
Day Centre

TUESDAY

6
285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45)
Fitness 2:30 -3:30pm (Day Centre)

13
285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45)
Fitness 2:30 -3:30pm (Day Centre)

20
285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45)
Fitness 2:30 -3:30pm (Day Centre)

27
285 Shuter St.
Social, lunch & Bingo: 11-2 pm
(Bus leaves Day Centre at 10:45)
Fitness 2:30 -3:30pm (Day Centre)

WEDNESDAY

7
Members' Council Meeting
10:30 - Meeting
12:00 - Lunch
1:00 - Bingo

14
Day Trip
Famous People Players
10:30 - 3:30 pm
***Sign up needed**

21
What's For Dinner?
1-2 pm (Meet there)
60 Carlton St.
****Sign is needed, no drop ins**

28
Birthday Lunch
Mandarin Restaurant
11 - 2 pm * sign up needed
(Bus leaves Day Centre at 10:45 am)

THURSDAY

1
55 Bleecker St.
Korean Members Meeting
11:00 - 12:00 pm
Bingo - 12:30-1:45 pm

8
55 Bleecker St.
Painting 11- 12:15
Bingo - 12:30 - 1:45 pm

15
55 Bleecker St.
Social 11-12pm
Bingo 12:15 -1:45pm

22
Day Trip
Fox Theatre (2236 Queen St. East)
8:45 -2pm
(Bus leaves Day Centre at 8:45am)

*Home
Linyang*