

# May 2018

## Adult Enrichment & Wellness Program– 188 Carlton St.

### MONDAY

The Day Centre is located at 188 Carlton Street. Fitness classes run every Tuesday from 2:30 - 3:30 pm .  
For information on programs call Tracy James 416-863.0499 Ext 3330  
Email: [tracy.james@dixonhall.org](mailto:tracy.james@dixonhall.org)

7  
All Fired Up Ceramics  
11—2 pm  
Day Centre  
**\*Sign up needed**

14  
Wellesley Central Place  
10:00- 12 pm  
Bingo and friendly visiting  
\*Meet there

21  
**Agency Closed:  
Victoria Day**

28  
58 Sumach St  
Potluck and Bingo  
10:45 - 2pm  
(Bus leaves Day Centre at 10:45 am )

### TUESDAY

1  
285 Shuter St.  
Social, lunch & Bingo: 11-2 pm  
(Bus leaves Day Centre at 10:45)  
Fitness 2:30 -3:30pm (Day Centre)

8  
Yonge Street Mission – 270 Gerrard St. East  
Social, lunch, Information Meeting  
11-2:30 pm \*meet there  
Fitness 2:30 -3:30pm (Day Centre)

15  
285 Shuter St.  
Social, lunch & Bingo: 11-2 pm  
(Bus leaves Day Centre at 10:45)  
Fitness 2:30 -3:30pm (Day Centre)

22  
Yonge Street Mission – 270 Gerrard St. East  
Social, lunch, Plant Pots & Gardening  
11-2 pm \*meet there  
Fitness 2:30 -3:30pm (Day Centre)

29  
285 Shuter St.  
Social, lunch & Bingo: 11-2 pm  
(Bus leaves Day Centre at 10:45)  
Fitness 2:30 -3:30pm (Day Centre)

### WEDNESDAY

2  
Members' Council Meeting  
10:30 - Meeting  
12:00 - Lunch

9  
Royal Tea Party  
11—2pm  
Day Centre

16  
Massage Therapy  
10-2 pm (Day Centre)  
**\*Sign up needed, limited space.**

23  
Birthday Lunch:  
Under The Table  
568 Parliament St— Meet there  
**\*Sign up needed**

30  
Day Trip:  
Annie The Musical - 1– 4 pm  
Ed Mirvish Theatre - 244 Victoria St.  
**\*\* Sign up needed**

### THURSDAY

3  
55 Bleecker St.  
Korean Members Meeting  
11:00 - 12:00 pm  
Bingo - 12:30-1:45 pm

10  
55 Bleecker St.  
Mother's Day Lunch 11-12pm  
Bingo 12:30 -1:45pm

17  
55 Bleecker St.  
Social 11-12pm  
Bingo 12:15 -1:45pm

24  
55 Bleecker St.  
Social 11-12pm  
Bingo 12:15 -1:45pm

31  
Day Trip  
Fox Theatre - 2236 Queen St. East  
8:45 -2pm  
(Bus leaves Day Centre at 8:45am)