













Adult Enrichment & Wellness Program

188 Carlton St.



Monday	Tuesday	Wednesday	Thursday
<p>4 Ceramics 10:30-2pm *MUST SIGN UP! Parish Hall(Day Centre)</p> 	<p>5 285 Shuter St.:11am-2pm Social, lunch and Bingo (Bus leaves at 10:45am)at 188 Carlton FITNESS:2pm-3pm (Day Centre)</p>	<p>6 Member Council Meeting: 11-11:30am at 188 Carlton Social Bring A Lunch-11:30-12:30 Bingo: 12:30-1:45pm</p> 	<p>7 55 Bleecker St.:11am-1:45pm Korean Council Meeting:11:30am Social and Bingo</p> 
<p>11 Day Trip-Canada Blooms 10am-2pm *MUST SIGN UP (Bus leaves at 10am! (188 Carlton)</p> 	<p>12 Yonge Street Mission:11am-2:30pm Social, lunch and Craft (*Meet there) FITNESS:2pm-3pm (Day Centre)</p> 	<p>13 St. Patrick's Day Celebration Buffet (\$5) (11am-2pm) Games and Prizes *MUST SIGN UP! Parish Hall(Day Centre)</p> 	<p>14 55 Bleecker St.:11-1:45pm Craft :11am-12:30pm Bingo: 12:30pm-2pm *MUST SIGN UP</p> 
<p>18 Relaxation In Chair Massage by Certified Massage Practitioner: 10am- 2pm- (Day Centre) *MUST SIGN UP! Parish Hall(Day Centre)</p> 	<p>19 285 Shuter St.:11am-2pm Social, lunch and Bingo (Bus leaves at 10:45am)at 188 Carlton FITNESS:2pm-3pm (Day Centre)</p>	<p>20—Happy First Day of Spring!! Day Trip- Dufferin Mall –10:30-2pm *MUST SIGN UP *Bus leaves 10:30am! Meet at 188 Carlton St.</p> 	<p>21 55 Bleecker St.:11am-1:45pm Social and Bingo</p> 
<p>25 58 Sumach St.:11am-2pm Potluck and Bingo (Bus leaves 10:45 am) *MUST SIGN UP! Please bring enough for People to share</p> 	<p>26 Yonge Street Mission:11am-2:30pm Social, lunch and Bingo (*Meet there) FITNESS:2pm-3pm(Day Centre)</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Call to Sign Up!! Sindi Yoo-(416)863-0499 Ext.#3330</p> </div>	<p>27 Day Trip-AGO 10:30am-2pm (Bus leaves at 10:30am!) *MUST SIGN UP</p> 	<p>28 Fox Theatre: 8:45am- 2pm Bus leaves at- (8:45am) *MUST SIGN UP No program at 55 Bleecker St.</p> 