

The Social Circle—Sunshine Room

September 2019

September 2nd to 6th - *Back to school week*
 September 16th to 20th - *Fall week*
 September 23rd to 27th - *Argentina week*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 ~Program Closed~ Civic Holiday	3 AM: Chair Exercises PM: Are You Smarter than a 5th Grader Trivia	4 Fit 4/10 AM: Making Apple Pie PM: "Find the Word" Game	5 AM: Chair Exercises PM: Leaf Fall Craft	6 AM: Music with Tiina PM: Expressive Arts	7 Music with Al & Light exercises
9 Fit 4/10 AM: Balloon Badminton P.M: Cards/Board Games	10 AM: Music with Tiina PM: Word Trivia/If...game	11 Fit 4/10 AM: Making Chocolate Chip Cookies PM: Hand Chimes	12 Fit 4/10 AM: Word Find! PM: New Bus launch!!	13 AM: Chair Exercises PM: Bingo!	14 Card Games & Snacks
16 Fit 4/10 AM: Baking Delicious Pumpkin Bread P.M Chair Exercises	17 AM: Expressive Arts PM: Autumn Décor Craft	18 Men & Woman's Social	19 AM: Chair Exercise PM: Pathways - Autumn	20 AM: Music with Tiina PM: Giant Crossword	21 Sing along with Al & Art Therapy
23 <i>First Day of Fall</i> AM: Meatless Monday PM: Making Dry Fruit Healthy Snacks	24 AM: Music with Tiina PM: Food Social	25 Outing to Wellesley Central Place	26 AM: Dry Fruit Garland Craft PM: Afternoon Movie/Evita	27 AM: Chair Exercises PM: Travelogue: Argentina	28 Fall Spa Day!
30 AM: Chair Exercises PM: Bingo!					



Programs are subject to change