



The Social Circle

October 2019

October 1st to 4th - Oktoberfest week
 October 7th to 11th - Classic Games week
 October 21st to 25th - United Way week
 October 28th to 31st - Halloween week



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AM: Chair Exercises PM: "Find the Word" Game	2 AM: Expressive Arts PM: The History of Oktoberfest	3 AM: Polka Music Exercises PM: Discussion on Germany	4 AM: Music with Tiina PM: Oktoberfest Social	5 <i>Music with Al & light Exercise</i>
7 AM: Chair Exercises PM: Super Quiz	8 AM: Music with Tiina PM: Bingo	9 Fit 4/10 AM: Baking PM: Price is Right	10 AM: Chair Exercises PM: Family Feud	11 Fit 4/10 AM: Singalong PM: Thanksgiving Craft	12 <i>Program Closed! Thanksgiving Holiday</i>
14 <i>Program Closed Thanksgiving Holiday</i>	15 Fit 4/10 AM: Balloon Badminton PM: I Love Lucy Show	16 Fit 4/10 AM: Making Muffins PM: Bingo	17 AM: Chair Exercises PM: Dry Fruit Décor Making	18 AM: Music with Tiina PM: Pathways Autumn	19 <i>Music Bingo and Art Therapy!</i>
21 Fit 4/10 AM: Baking for United Way PM: Chair Exercises	22 AM: Music with Tiina PM: Expressive Arts	23 Fit 4/10 AM: Baking for United Way PM: Super Quiz	24 AM: Chair Exercises PM: Giant Crossword	25 Fit 4/10 AM: United Way and Discussion PM: Play Bingo Raise Money	26 <i>Halloween Social</i>
28 Outing to Wellesley Central Place	29 AM: "Find the Word" Game PM: Chair Exercises	30 Fit 4/10 AM: Making Dry Fruit Healthy Snacks PM: Active Game	31 Fit 4/10 AM: Making Spooky Halloween Treats PM: Halloween Scary Movie		